Notice for the 2024 Annual Health Checkups for Students

Health checkups are important for health management and detecting potential problems early. If you do not undergo an examination, we may not be able to issue the prescribed certificates, etc. Thus, you MUST undergo a health checkup. <u>All checks must be taken on the same day.</u>

Location • Date	[Yoshida Campus] International Conference Hall I, 2nd Floor of the Kyoto university Clock Tower Centennial Hall ≪The date of the examination depend on your affiliations. (Please refer to Separate Sheet No.1).≫	1st year Undergraduates	April 2(Tue.), April 3(Wed.), April 4(Thu.)
		2nd year and above Undergraduates: (No X-ray)	April 8(Mon.), April 9(Tue.), April 10(Wed.) ≪ Chest X-rays are not available during these three days≫
		MC,DC, 2nd year and above Undergraduates: (Medicine/ Medical)	April 11(Thu.), April 12(Fri.), April 15(Mon.), April 16(Tue.), April 17(Wed.)
	【Uji Campus】3rd Floor of Wood Composite Hall (RISH)	April 19(Fri.)	
	【Katsura Campus】 2nd Floor of Funai Center	April 23(Tue.)	
Schedule	Please refer to Separate Sheet No.1 "Schedule of the 2024 Annual Health Checkup for Students".		
Eligible	All Kyoto University students (including non-degree students, auditing students, research students, etc.)		
Checkup items	Web Questionnaire, Urine test, Blood pressure, Height and weight, Eye test, Chest X-ray (if applicable)*, Interview with a medical professional, Doctor consultation (if applicable) *Please refer to Separate Sheet No.2 the List of Those Required to Take Chest X-Rays, and be sure to take the X-ray.		
Bringings	Student ID card, Urine sample of your first urination of the day collected in the specimen jar		
Clothing	Attend in easily removable clothing and footwear so the measurement goes smoothly. **Blood pressure must be measured over a bare arm or thin sweater or shirt, not below a rolled-up sleeve. Those Required to Take Chest X-Rays: (Please be sure to refer to Separate Sheet No.3)		

About the Web questionnaire ≪The University Network (KUINS, KUINS-Air) only≫

[Newly enrolled undergraduate and graduate students] Register on the prospective student website by 5:00 p.m. on, March 28.

[Other students] From April 3 to the day before the examination date, please register via the URL or QR in the dashed line at the lower right of the page.

*If you do not complete the questionnaire on time, you can register it on the on-site tablets.

Important points

- · The date of examination depend on your affiliations. Please come on your designated date and time.
- *If you cannot take the checkup at the designated time or day, please take it in another day within the period. (Note that there are days with and without chest x-rays.)

[Urine test] Please refer to Separate Sheet No.4 [Method of urine collection]

- On the day of your checkup, collect a sample of <u>your first urination of the day</u> using the paper cup, and transfer it to the specimen jar. (There is a paper cup in a paper bag.)
- Close the cap tightly and put it in the paper bag for the urine test. Write your affiliation and name on the bag.
- If you are menstruating on the day of your checkup, please report it at the urine test reception desk, regardless of whether you have submitted or not.
- For women, there will be days after the checkup for urine submission. Please receive the information at the urine test reception.

Results of Health Checkups

- The results of your checkup can be issued as a "Health Checkup Results" by a certificate-issuing machine after June 3.
- If you cannot obtain the certificate from an automatic certificate issuing machine, please check and apply from the following URL or QR. URL: https://u.kyoto-u.ip/issue-checkupresult



Other

- If you are a working university student who will receive a medical checkup at an outside medical institution this year, please submit a copy of your medical checkup results to the Health and Sanitation Department through your department's Academic Affairs Office. In this case, you can skip Annual Health Checkups for Students.
- If you have difficulty taking the examination in a group, please consult with your educational affaires section or Health Care Office (service office) in advance.

Kyoto University Occupational Welfare Division / Health Care Office (service office)

About related to planning, such as the schedule :TEL 075-753-2420/2400 (Environment, Safety and Health Division)

About related to the issuance of medical certificates and certificates :TEL 075-753-2405 (Health Care Office)

「学生一般定期健康診断」ウェブサイト https://u.kyoto-u.jp/gakutei

