

# Information Disclosure Document

12/23/2023

Version. 1.0

To the participants of the “Nationwide Descriptive Epidemiology Research and Multi-Center Case-Control Study of the Mental Health of International Students: For the Prevention of Progression of Illness Due to Difficulties in Assimilating into a Different Culture” (Kyoto University Ethics Committee approval number: R1237) (Clinical research)

[Title of research]

“Addressing the Mental Health and Cross-Cultural Adaptation of International University Students: A Multi-Center Retrospective Cohort Study”

[Ethical review and approval]

Our research has received approval from the Ethics Committee of Kyoto University Graduate School and Faculty of Medicine, as well as the director-general of the Agency for Health, Safety and Environment, Kyoto University.

[Research aims and social contribution]

Our research aims are to evaluate the severity of mental illness in international university students and identify any potential risk factors. We will analyze this study and develop management strategies to detect and prevent mental illness in international university students at an early stage. We plan to use the findings of this study when allocating resources and personnel to support the increasing number of international university students.

[Purpose and method of information use]

The purpose of this study is to identify complex cases of mental illness among international students and to identify risk factors. The information collected will be strictly analyzed and stored within the Occupational Welfare Division, Agency for Health, Safety and Environment, Kyoto University. In this study, we will reanalyze the information obtained in the “Nationwide Descriptive Epidemiology Research and Multi-Center Case-Control Study of the Mental Health of International Students: For the Prevention of Progression of Illness Due to Difficulties in Assimilating into a Different Culture” (Kyoto University Ethics Committee approval number: R1237).

## Information Disclosure Document

### [Study participants]

International students who were diagnosed with mental illness by school physicians at Osaka University, Nagoya University, and Kyoto University from January 1, 2011 to December 31, 2018.

### [Information items to be used]

Age, Gender, Mother country, Course, Diagnosis (ICD-10), Date of the onset of symptoms, Progress of symptoms, History of medical consultation, Contents of diagnosis and treatment, Outcome, Medical history, History of present illness, Family history, Main stressors and related factors, Japanese linguistic abilities (oral literacy), GAF (Global Assessment of Functioning): The lowest score during all consultation periods.

### [Expected date to start using or providing information]

After the date of approval by the representative of the organization

### [Study period]

From the date of approval by the representative of the organization until March 31, 2028.

### [Representative of the organization]

Minoru Yoneda, the Agency for Health, Safety and Environment, Kyoto University.

### [Representative research institute]

Yu Sakagami, the Occupational Welfare Division, Agency for Health, Safety and Environment, Kyoto University.

### [Collaborative research institutes]

Professor Hiroyoshi Adachi of the Health and Counseling Center, Osaka University.  
Specially Appointed Associate Professor Tadashi Sakai of the Global Engagement Center, Nagoya University.

### [Scope of information users]

Only persons associated with the research at their respective institutions are eligible.

## Information Disclosure Document

[Representative of management and security of information]

Yu Sakagami, the Occupational Welfare Division, Agency for Health, Safety and Environment, Kyoto University.

[About suspension of the use or provision of information to other organizations at the request of the research subject]

If you do not wish your information to be used for the research, please inform the contact person, and you will be excluded from the analysis at the request of the research subject or their representative. We will disclose the resources related to the study on the Sakagami Laboratory website, Agency for Health, Safety and Environment, Kyoto University, within a scope that does not hamper the protection of research participants' personal information and intellectual property.

[Research funding and conflicts of interest]

This research will be funded by the university budget. The authors have no conflict of interest to declare.

[Consultation service for queries and questions about the research participants and the concerned people]

You can contact us for queries and consultation regarding the research as follows:

a) Kyoto University Consultation Counter

The Agency for Health, Safety and Environment, Kyoto University

(Tel) 075-753-2393

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b) Consultation service for the research topic

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