

MEDICAL QUESTIONNAIRE

Date: / /

|  |  |  |                              |
|--|--|--|------------------------------|
| Name   | Age  | Sex <input type="checkbox"/> Male <input type="checkbox"/> Female<br><input type="checkbox"/> Others ( ) | Position at Kyoto University |
| Country you are from   | Mother tongue  | To what extent do you understand Japanese  |                              |
| <b>Who recommended you to come to this place?</b>  |  |  |                              |
| <input type="checkbox"/> Yourself <input type="checkbox"/> Your family/friends <input type="checkbox"/> Others ( _____ )   |  |  |                              |
| <b>What is the purpose of your visit today?</b>  |  |  |                              |
| <input type="checkbox"/> Diagnosis <input type="checkbox"/> Treatment <input type="checkbox"/> Admission to hospital <input type="checkbox"/> Referral<br><input type="checkbox"/> To obtain a medical certificate <input type="checkbox"/> Second opinion <input type="checkbox"/> Others ( _____ ) |  |  |                              |
| <b>What symptoms do you have? Please select all applicable answer.</b>   |  |  |                              |
| <input type="checkbox"/> Headache  | <input type="checkbox"/> Dizziness                             | <input type="checkbox"/> Nausea  |                              |
| <input type="checkbox"/> Suicidal thoughts   | <input type="checkbox"/> Loss of consciousness                 | <input type="checkbox"/> Difficulty remembering things   |                              |
| <input type="checkbox"/> Feel irritable  | <input type="checkbox"/> Feel worried                          | <input type="checkbox"/> Sadness   |                              |
| <input type="checkbox"/> Verbally abusive  | <input type="checkbox"/> Difficulty thinking clearly           | <input type="checkbox"/> Lack of appetite  |                              |
| <input type="checkbox"/> Lack of sexual desire   | <input type="checkbox"/> Lack of energy                        | <input type="checkbox"/> Feel heavy  |                              |
| <input type="checkbox"/> Feel depressed  | <input type="checkbox"/> Feel unmotivated                      | <input type="checkbox"/> Stiff shoulders   |                              |
| <input type="checkbox"/> Fainting  | <input type="checkbox"/> Ringing in the ears                   | <input type="checkbox"/> Discomfort  |                              |
| <input type="checkbox"/> Difficulty using words  | <input type="checkbox"/> Feel as if others look at you weirdly | <input type="checkbox"/> Feeling as if something around you has changed                                  |                              |
| <input type="checkbox"/> Being excited   | <input type="checkbox"/> Being aggressive                      | <input type="checkbox"/> Being in a manic state  |                              |
| <input type="checkbox"/> Overly talkative  | <input type="checkbox"/> Insomnia                              | <input type="checkbox"/> Awaken during the night   |                              |
| <input type="checkbox"/> Unable to get good sleep  | <input type="checkbox"/> Awaken too early in the morning       | <input type="checkbox"/> Having nightmares (bad dreams)  |                              |
| <input type="checkbox"/> Low self-esteem   | <input type="checkbox"/> Problems in eating foods              | <input type="checkbox"/> Self-harm   |                              |
| <b>Please describe your symptoms, anxiety, concerns, etc. without hesitation.</b>  |  |  |                              |

**When did the symptoms above occur?**

( ) years ago     ( ) months ago     ( ) week(s) ago     ( ) days ago

**Do you have any thoughts about what might cause the symptoms?**

No     Yes → What might cause your symptoms? ( )

**Have you ever received treatment or consultation since the symptoms appeared?**

No     Yes

Where was it? Where did you receive treatment?

( )

**Do you have any illnesses currently under treatment?**

No     Yes → Name of illnesses ( )

**Are you currently taking medication?**

No     Yes → Name of medicine ( )

**Are you allergic to any food or medication?**

No     Yes → What are you allergic to? ( )

**Have you ever been diagnosed with any of the diseases listed below?**

- Autism/Asperger syndrome     Alcohol or drug dependence     Depression     Mania  
 Manic-depressive disorder     Panic disorder     Anxiety disorder     Personality disorder  
 Developmental disorder     Epilepsy     Schizophrenia     Mental retardation  
 Attention deficit hyperactivity disorder (ADHD)  
 High Blood Pressure     Heart disease     Diabetes     Liver disease  
 Tuberculosis     Injury caused by an accident     cerebrovascular disease (stroke)  
 Others ( )

**Do you drink**     No     Yes

If yes, what kind of alcohol do you drink?     SAKE     shochu     Beer     Whisky     Others( )

How much do you drink per day?    ( ) glass(es)/    day · week · month · year

**Do you smoke?**     No     Yes

How many cigarettes do you smoke per day?    ( ) /day

**To women;**

Are you breastfeeding?     No     Yes

Are you pregnant, or possibly pregnant?     No     Yes     Don't know

About your menstrual period     Regular     Irregular     Others ( )

Are you mental symptoms related to your Menstruation?     No     Yes     Don't know