1.1 Display of web questionnaire page

Access the web questionnaire page (https://u.kyoto-u.jp/kenshin) of the health checkup



1.2 Login page

Input your ECS-ID and your password, and click the "login" button.



2.1 Display of the web questionnaire page HOME

When the login process is valid, the web questionnaire page shown below is displayed.

| 京都大学 KYOTO UNIVERSITY | | HOME 日本語 | English | |
|---------------------------|----------------------------------|---|-------------------|--|
| HOME | | | | |
| Home header | | | | Step 1: Select English or Japanese. |
| Please Click UnderLink | | | | |
| Basic Information | | | | |
| Affiliated Dept. | 資源生物科学科 | | | |
| Student ID | 900000001 | | | |
| Name(in kana) | テスト シンニュウセイ1 | | Г | |
| Name(in kanji / alphabet) | 試験 新入生 1 | | | Step 2: Confirm your |
| Date of birth | 1998/07/07 | | | information. |
| Age(as of April 1) | 18years old | | | |
| Gender | 男性 | | | |
| Student type | 学部生 | | | |
| Grade in year | 1School year | | | |
| | | | | |
| Medical checkup selection | Step 3: Click th | ne appropi | riate checku | p link |
| Medical checkup category | Scheduled examination date | Registration status | Registration date | , |
| Ordinary health checkup | | Temporally register | ered | |
| | | | | |

2.2 Registration screen

Please input your information

| | Registration screen | | | | | |
|---|---|-------------------------|-------|---------------------------------|--|--|
| [| Basic Information | | | | | |
| | Checkup type | Ordinary health checkup | | | | |
| | Affiliated Dept. | 資源生物科学科 | | | | |
| | Student ID | 900000001 | | | | |
| | Name(in kana) | テスト シンニュウセイ1 | Step | p 1: Input vour cell phone | | |
| | Name(in kanji / alphabet) | 試験 新入生 1 | numh | number for emergency If you | | |
| | Date of birth | 1998/07/07 | ano u | are uncortain place fill in "0" | | |
| | Age(as of April 1) | 18years old | are u | incertain, please ini in 0. | | |
| | Gender | 男性 | | | | |
| | Student type | 学部生 | | | | |
| | Grade in year | 1School year | Г | | | |
| | Cell phone number | er | | Step 2: Select yes or no | | |
| | X-ray Do you wish to take a Yes No Chest X-ray? | | | X-ray. | | |

| Present and past illnesses | | | | | |
|---|--|-------------|--------|-------------------------------|------|
| None | None | | | | |
| | Please check here if none of these app | ply. | | | |
| Hypertension * | In treatment Under observation | ାn the past | ○ None | | т " |
| Myocardial infarction / Angina pectoris | In treatment Under observation | ାn the past | ○ None | if none of these apply. | vone |
| Arrhythmia | In treatment Under observation | ାn the past | ○ None | | |
| Other heart diseases * | In treatment Under observation | ାn the past | ° None | | |
| Pulmonary tuberculosis | In treatment Under observation | ାn the past | ° None | | |
| Other lung diseases(including asthma) * | In treatment Under observation | ାn the past | ○ None | | |
| Gastritis · Stomach / Duodenal ulcer | In treatment Under observation | ାn the past | ○ None | | |
| Liver/ Gall bladder/ Pancreatic diseases | In treatment Under observation | ାn the past | ି None | | |
| Other gastrointestinal diseases * | In treatment Under observation | ାn the past | ° None | | |
| Kidney / Ureteral stone | In treatment Under observation | ାn the past | ° None | Step 4: Select radio butt | on |
| Other kidney diseases * | In treatment Under observation | ାn the past | ° None | in each enterory of discourse | |
| Diabetes / Impaired glucose tolerance | In treatment Under observation | ାn the past | ○ None | In each category of diseas | se. |
| Dyslipidemia / Hyperlipidemia | In treatment Under observation | ାn the past | ° None | | |
| Hyperuricemia / Gout | In treatment Under observation | ାn the past | ਾ None | | |
| Anemia | In treatment Under observation | ାn the past | ° None | | |
| Skin Diseases (including atopic dermatitis) | In treatment Under observation | ାn the past | ○ None | | |
| Bone / Joint diseases * | In treatment Under observation | ାn the past | ਾ None | | |
| Gynecological diseases * | In treatment Under observation | In the past | ° None | | |
| Dental Caries | In treatment Under observation | In the past | ° None | | |
| Mental health issues | In treatment Under observation | In the past | None | | |
| Other disease * | In treatment Under observation | In the past | ° None | | |
| Please fill in Special notes below in detai | for the items with asterisk(*). | | | | |

Supplement 1: Please input your cell phone number to the prescribed form, because there is a possibility that we (Kyoto University Health Service) will phone to you. If you do not have/know your cell phone number, please fill in "0" into the box.

Supplement 2: If you have selected the choice except "no" in each the disease with "*" mark, please input the detail about it at the "Special notes".

Supplement 3: If you are the first user of this system, the survey items only for the freshmen will be shown.

Note 1: There is a possibility that the survey items of this screen will be changed without advance notification.

| Past symptoms (1) | | |
|--|---|----------------------|
| Nono | | |
| None | Please check here if none of these apply. | |
| Have you had a black stool in the last two months? | Yes No | |
| Have you had a sleep disturbance for more than two weeks in the last two months? | ୁ Yes ା No | |
| Have you had any symptoms of skin or nail in the last two months? * | ୁ Yes ଁ No | |
| Have you had any eye problems in the last two months? * | Yes No | |
| Have you had any oral cavity, nose or ear problems in the last two months? * | ୁ Yes ା No | |
| Have you had any other particular problems in the last two months? * | ິYes ິNo | Stop 5' Plaga anguar |
| Have you ever felt a tightness for more than few minutes in your chest? | ୁ Yes ଁ No | the questionnaire. |
| Have you ever lost your consciousness? | ິYes ິNo | |
| Strong shortness of breath with exertion | Yes No | |
| Pitting edema | Yes No | |
| Cough and sputum for more than two weeks | Yes No | |
| Bloody sputum | ୁ Yes ୁ No | |
| Strong nausea | ୁ Yes ଁ No | |
| Abdominal pain for more than two weeks | Yes No | |
| Unintentional weight loss | ୁ Yes ୁ No | |
| Prolonged abnormal fatigue | Yes No | |
| Headache for more than two weeks | Yes No | |
| Shoulder pain for more than two weeks | ୁ Yes ା No | |
| Numbness and pain in lower limbs for more than two weeks | Yes No | |
| Back pain for more than two weeks | ୁ Yes ଁ No | |
| Dizziness or vertigo | ୁ Yes ଁ No | |
| Ear noise or hearing difficulty | Yes No | |
| Tingling and numbness with cold fingers | Yes No | |
| Please fill in Special notes below in detail | I for the items with asterisk("). | |

| low often have you been bothered y little interest or pleasure in doing hings? | ○Not at all Several days Four days or more per week Almost everyday wHow frequently have you suffered from the followings in these two weeks? |
|--|--|
| low often have you been bothered y feeling down, depressed, or opeless? | Not at all Several days Four days or more per week Almost everyday #How frequently have you suffered from the followings in these two weeks? |

Special notes(Entry required if you check any of asterisk(*) items.)

* Please DO NOT enter single-byte comma(,) and double quotation(").

Special notes

Life style None Almost 10 cigarettes per day Almost 20 cigarettes per day Cigarettes Almost 30 cigarettes per day OMore None Sometimes ~ one "go" on any day or seven "go" per week More than one "go" on any day or seven "go" per week Alcohol Having repeatedly problems caused by alchol at home, school, workspace. *Please calculate the amount of alcohol into the "go" unit of Japanese sake. One "go" equal s to a big bottle of beer, a glass of double wine and spirits with water. *If you are female, please make the amount of alcohol multiplied by two and select the choice. Everyday Sometimes Almost never gular physical exerci hsity of activities to walking in 60 minutes and over. d Olssatisfied Very dissatisfied or three times per week ral times per year O Not participated

Step 6: If you want to save the questionnaire, click "Save temporary".

ery good

6000

Moderate

Step 6: After you answer the questionnaire, click "confirmation screen"

Save temporary

which is the most correct statement about your present health condition out of the following choices?

ation screen >

Worse Very worse

Cont

If your answers are insufficient, system shows that the error message in the upper window.

| Mandatory fields are not entered (RED colored fields). | | | | | |
|--|--|---------------------------|--|--|--|
| Basic Information | | | | | |
| Checkup type | Ordinary health checkup | | | | |
| Affiliated Dept. | 資源生物科学科 | | | | |
| Student ID | 900000001 | | | | |
| Name(in kana) | 77ኑ እንጋጋታት/1 | Step 7: After correction, | | | |
| Name(in kanji / alphabet) | 試験 新入生 1 | click the "confirmation | | | |
| Date of birth | 1998/07/07 | screen". | | | |
| Age(as of April 1) | 18years old | | | | |
| Gender | 男性 | | | | |
| Student type | 学部生 | | | | |
| Grade in year | 1School year | | | | |
| Cell phone number | *If you are uncertain please fill | in "0". | | | |
| Х-гау | Do you wish to take a Yes No Chest X-ray? | | | | |
| | · · · · · · · · · · · · · · · · · · · | | | | |

Supplementary 4: If you don't know about cell phone number or mandatory fields, please fill in "0".

2.3 Confirmation screen

The contents entered on the registration are displayed.

| Confirmation screen | | |
|--|---|---------------------------|
| Basic Information | | |
| | | |
| Checkup type | Ordinary health checkup | |
| Affiliated Dept. | 資源生物科学科 | |
| Student ID | 900000001 | |
| Name(in kana) | | |
| Name(in kanji / alphabet) | 試験 新人生 | |
| Date of birth | 1998/07/07 | |
| Age(as of April 1) | 18years old | |
| Gender | 男性 | |
| Student type | 学部生 | |
| Grade in year | 1School year | |
| Cell phone number | 0 | |
| X-ray | Do you wish to take a Yes Chest X-ray? | Step 1: The contents en |
| Present and past illnesses | | tered on the registration |
| Hypertension * | None | are displayed. |
| Myocardial infarction / Angina | None | |
| weeks Numbness and pain in lower limbs | • • | |
| for more than two weeks Back pain for more than two weeks | • | |
| Dizziness or vertigo | No | |
| Ear noise or hearing difficulty | No | |
| Tingling and numbness with cold fingers | No | |
| Past symptoms (2) | | |
| How often have you been bothered by little interest or pleasure in doing things? | Not at all | |
| How often have you been bothered by feeling down, depressed, or hopeless? | Not at all | |
| Special notes(Entry required | if you check any of asterisk(*) items.) | |
| Special notes | | |
| Life style | | |
| Cigarettes | None | |
| Alcohol | None | |
| Regular physical exercise | Everyday | |
| Degree of sleep satisfaction | Very satisfied | |
| Frequency of any club activities, group activities, volunteer activities, seminar activities and part time jobs | More than four times per week | Step 2: If the contents |
| Breakfast | Everyday | are correct click the |
| Which is the most correct statement about your present health condition out of the following choices? | Very good | [Register] button. |
| < Retu | m Register > | |
| | | |



2.4 Completion screen



Note 4: The date and time of registration will be changed. The status of registration will be latest.

2.5 Termination

Please close the browser to restart the web questionnaire system from the login screen.



Note 5: Please use the termination procedure above if you have not well-experienced this system.

If you want to save the input, please click the following and close.

| 京都大学 KYOTO UNIVERSITY | HOME | 日本語 | English | Logout |
|--------------------------|------|-------------------|-----------------------------|----------------------------|
| | | Pro "Lo bro | ocedure gout" l wser. | 2: Click the button of the |

Inquiry Counter

Inquiries counter on use / input of this web questionnaire system Kyoto University Health Service 2F, Education Promotion and Student Support Department, Yoshida-Honmachi, Sakyo-ku, Kyoto 606-8501, Japan

Tel: +81-75-753-2400 (Health Service office) Open: 9:00 - 17:00 in weekdays