

Information from Kyoto University Health service Katsura branch

We are offering the following services for to maintain and promote health of those who learn and work in Kyoto University.

*** Primary care: Diagnosis and the treatment of a sickness and wounds, health guidance, health consultation.**

10:00~12:30	Mon	Tue	Wed	Thu	Fri
Speciality	Closed	General medicine (internal medicine)	Closed	General medicine (internal medicine)	General medicine (psychiatry)



*** Exercise (Please bring your training shoes)**

Uplift of a feeling and improvement of physical strength by exercise using a treadmill ergometer, a cycle ergometer, dumbbells etc.

<Open> 12:00~13:00 and 14:00~16:30 on Monday

10:00~13:00 and 14:00~16:30 from Tuesday through Friday

*Please apply to the receptionist of the Katsura branch.

*Web reservation is available. Please obtain user ID number & password at the branch office.



*** Healing**

Aromatherapy, music therapy, relaxation by a massage chair

<Open> 12:00~13:00 and 14:00~16:30 on Monday (45 minutes per one person)

10:00~13:00 and 14:00~16:30 from Tuesday through Friday (45 minutes per one person)

*Please apply to the receptionist of the Katsura branch.

*Web reservation is available. Please obtain user ID number & password at the branch office.



*** Counseling : For mainly psychological problems**

(※Please apply to the Counseling Center in the main campus.phone:075-753-2515 extension in Yoshida 2515)

<Open> 10:00~12:30 and 14:00~17:00 on Monday

<The persons given below are eligible to use these services>

* Students of Kyoto University

* Staff employees of Kyoto University

* Non-staff employees of Kyoto University

* Persons who are permitted to use the health service (e.g. Research Fellows)

※ We also offer emergency services, but when the doctor is not available or the diseases/injuries are beyond our capacity, we would refer to a medical institute in the neighborhood.

Kyoto University health service Katsura branch

Phone: (075) 383-7308 (extension in katsura 7308)

URL : <http://www.kyoto-u.ac.jp/health/index.html>