

Healthy Campus Activities. Walking activity for the new fiscal year

『English de Walking』

Hello everyone! Time flies! Already a month has passed since the new fiscal year has started.

Have you gotten used to the new work, study, and lifestyle? Even if your lifestyle has not changed, hopefully the new fiscal year would bring the fresh feeling for a new beginning. We also hope that the new lifestyle is not preventing you from being physically active as well.

We have started the Walking Challenge in 2017. But the key to good health is to sustain the healthy behavior! So let's continue being active in 2018 as well.

We also have planned many walking activities for the 2018 fiscal year.

Lets start our new fiscal year walking activities with 『English de Walking 』 !

Goal !!

Everybody is welcomed.
Don't worry about the English proficiency.
Lets enjoy walking together!

Just a little bit more!

The birds are singing.

Flowers are blooming.

Beautiful !

Walking!

Let's go walking!!

Start.!!

Date: 2018/5/14(Mon)
(※Cancelled in case of rain)
Time: 12:15 ~ 12:45.
We will start sharply on time!
Meeting point : Yoshida campus, In front of the Camphor tree (Clock Tower)
Goal: Yoshida mountain
Number of participants: No limitation
Eligibility : All staff and students of Kyoto University and those who participated in the walking challenge
Things to bring and wear: Comfy outfit and shoes for walking, small towel, drinks to keep you hydrated, etc.